

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Avocado Toast 101 11:00am - 11:30am 12:30pm - 1:00pm	2
3	4 closed for labor day	5 Cuban Mojo Steak 11:00am - 11:30am 12:30pm - 1:00pm	6 Wellness Wednesday Late Summer Harvest Pasta 11:00am - 11:30am 12:30pm - 1:00pm	7 Baja Fried Fish Taco 11:00am - 11:30am 12:30pm - 1:00pm National Beer Lovers Day	8 Middle Eastern Eggplant 11:00am - 11:30am 12:30pm - 1:00pm	9
10	11 Caprese Risotto 12:30pm - 1:00pm 2:00pm - 2:30pm	12 Seared Shrimp & Zucchini 11:00am - 11:30am 12:30pm - 1:00pm	13 Wellness Wednesday Crispy Peanut Tofu 11:00am - 11:30am 12:30pm - 1:00pm National Peanut Day	14 Knife Skills 11:00am - 11:30am 12:30pm - 1:00pm	15 Chocolate Truffles 11:00am - 11:30am 12:30pm - 1:00pm	16
17	18 Chicken Schnitzel 11:00am - 11:30am 12:30pm - 1:00pm	19 Salmon & Autumn Wild Rice 11:00am - 11:30am 12:30pm - 1:00pm	20 Wellness Wednesday Beef Bulgogi & Kimchi Fried Rice 11:00am - 11:30am 12:30pm - 1:00pm National Fried Rice Day	21 Thai Chicken Lettuce Wraps 11:00am - 11:30am 12:30pm - 1:00pm	22 Ice Cream Pie 11:00am - 11:30am 12:30pm - 1:00pm National Ice Cream Cone Day	23
24	25 Chorizo Scallion Pinto Quesadilla 11:00am - 11:30am 12:30pm - 1:00pm National Quesadilla Day	26 Gingerbread Pancakes 11:00am - 11:30am 12:30pm - 1:00pm National Pancake Day	27 Wellness Wednesday Apple Mustard Chicken 11:00am - 11:30am 12:30pm - 1:00pm	28 Indian Butter Chicken 11:00am - 11:30am 12:30pm - 1:00pm	29 Almond Biscotti 11:00am - 11:30am 12:30pm - 1:00pm national biscotti Day	
		<p>Sign up for classes by scanning the QR code</p> 				