

January 2025



Sign up for classes by scanning the QR code

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>closed for Holiday</p>	<p>2</p> <p>Winter Buckwheat Pancakes with Cranberry Orange Honey 11:00am - 11:30am 12:30pm - 1:00pm</p> <p><i>Superfood Spotlight</i></p>	<p>3</p> <p>Homemade Citrus Curd <i>Virtual</i> 11:00am - 11:30am <i>Virtual</i> 12:30pm - 1:00pm</p> <p><i>Superfood Spotlight</i></p>
<p>6</p> <p>Chicken Sausage Hash w Root Veg, White Bean, and Fried Eggs 11:00am - 11:30am 12:30pm - 1:00pm</p> <p><i>National Bean Day</i></p>	<p>7</p> <p>Shrimp & Veggie Tempura 11:00am - 11:30am 12:30pm - 1:00pm</p> <p><i>National Tempura Day</i></p>	<p>8</p> <p><u>Wellness Wednesday Collab</u> Mocktail Mixology 11:00am - 11:30am <i>Virtual</i> 12:30pm - 1:00pm</p> <p><i>Superfood Spotlight</i></p>	<p>9</p> <p>Roasted Arctic Char with Orange Rosemary Sauce 11:00am - 11:30am 12:30pm - 1:00pm</p>	<p>10</p> <p>New Years Resolutions: Crave-Worthy Salads <i>Virtual</i> 11:00am - 11:30am <i>Virtual</i> 12:30pm - 1:00pm</p>
<p>13</p> <p>Korean Kimchi Egg Pancakes 11:00am - 11:30am <i>Virtual</i> 12:30pm - 1:00pm</p> <p><i>Korean American Day</i></p>	<p>14</p> <p>Lamb Pita & Tahini Yogurt Sauce 11:00am - 11:30am 12:30pm - 1:00pm</p>	<p>15</p> <p>Thai Tofu Lettuce Wraps with Lime Peanut Sauce 11:00am - 11:30am 12:30pm - 1:00pm</p> <p><i>Superfood Spotlight</i></p>	<p>16</p> <p>Worcestershire Chicken Thighs, Brothy Orzo & Mushrooms 11:00am - 11:30am 12:30pm - 1:00pm</p>	<p>17</p> <p>Chocolate Chip Cookies, Upgraded <i>Virtual</i> 11:00am - 11:30am <i>Virtual</i> 12:30pm - 1:00pm</p>
<p>20</p> <p>closed for Holiday</p>	<p>21</p> <p>Queso Fundide & Homemade Tortillas 11:00am - 11:30am 12:30pm - 1:00pm</p>	<p>22</p> <p><u>Wellness Wednesday Collab</u> Cirtus Tasting & Parfaits Bowls 11:00am - 11:30am <i>Virtual</i> 12:30pm - 1:00pm</p> <p><i>Superfood Spotlight</i></p>	<p>23</p> <p>Sauces 101: Vinaigrette & Mayo <i>Chicken Salad Sandwich & Green Salad</i> 11:00am - 11:30am 12:30pm - 1:00pm</p>	<p>24</p> <p>Sweet & Savory Peanut Butter Sauces <i>Virtual</i> 11:00am - 11:30am <i>Virtual</i> 12:30pm - 1:00pm</p> <p><i>National Peanut Butter Day</i></p>
<p>27</p> <p>Hearty Alpine Cabbage & Ham Stew with Fontina Croutons 11:00am - 11:30am 12:30pm - 1:00pm</p> <p><i>National Soup Month</i></p>	<p>28</p> <p>Sesame Maple Salmon & Gochujang Brussels Sprouts 11:00am - 11:30am 12:30pm - 1:00pm</p>	<p>29</p> <p>Seared Scallops & Couscous Salad 11:00am - 11:30am 12:30pm - 1:00pm</p>	<p>30</p> <p>Lions Head Meatballs <i>Chinese Braised Pork Meatballs</i> 11:00am - 11:30am <i>Virtual</i> 12:30pm - 1:00pm</p> <p><i>Lunar New Year</i></p>	<p>31</p> <p>Hot Chocolate From Scratch: Classic and Flavored <i>Virtual</i> 11:00am - 11:30am <i>Virtual</i> 12:30pm - 1:00pm</p> <p><i>National Hot Chocolate Day</i></p>